



Emotional & Behavioral Signs



- Irritability or frustration
- Chronic fatigue
- Emotional exhaustion
- Frequent illness
- Compassion fatigue
- Sleep disruption
- Feeling overwhelmed
- Appetite changes
- Withdrawal or disengagement

Physical Warning Signs

- Increase absenteeism
- More errors
- Decline in care quality
- Reduced focus
- Communication breakdowns



Organizational Impact

- Higher staff turnover
- Increased safety risks
- Lower team morale
- Inconsistent care
- Leadership strain

Supportive Actions

- Dementia-specific training
- Person-centered care
- Supportive leadership
- Clear workflows
- Team connection & support



Build stronger, more resilient care teams